

ADVOCACY FOR COMMUNITY EMPOWERMENT PROGRAM



Staff work in conjunction with other agencies throughout Wayne County to provide a person centered approach that will engage, empower, and inspire individuals with choice options of care.

Services are designed to optimally support mental/behavioral health and emphasize healthy living with the purpose of increasing the individual's overall well-being

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Parent Support Courses

Parents Interested In Nurturing Effectively (PINE)

Promotes positive strategies to strengthen the family bond.
*A fee applies for this class.

Assisting Children Through Transition (ACT)

Guides parents who are separating or divorcing about the impact on their children.
*A fee applies for this class.

Guiding Good Choices

Prevention-based program that aims to lower the risk of substance use by increasing interaction and involvement between parents and child (9-14 years of age).

Staying Connected with Your Teen

This program aims to increase the chances that teens will develop healthy behaviors and lifestyle.

Incredible Years Series: Birth-8 years of age

Strengthening parent-child interactions and nurturing relationships, reduce undesirable behaviors and promote children's social, emotional, and language development.

Supporting School Success

Participants will learn how to support their child's academic achievement, improve communication at home, and reduce misbehavior.

Finger Lakes Community Action

A division of Wayne County Action Program, Inc.

Helping people...Changing lives.

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NYS Adult Behavioral Health (CORE)

21+ who are enrolled in a Medicaid Managed Care Health and Recovery Plan (HARP)

Adult Empowerment Peer Support Services

Encompasses a range of activities and interactions between peer who have shared similar experiences of being diagnosed with substance abuse/mental health conditions.

Peer Support Specialists compliment behavioral and mental health professionals. Support is on a one-to-one basis which includes:

- ◆ Emotional
- ◆ Informational (referrals, community resources)
- ◆ Instrumental (link to housing and employment)
- ◆ Affiliation (community, family, workplace, activities, etc.)



NYS CHILDREN'S MEDICAID Children and Family Treatment and Support Services

Family Peer Support

Support for parent/guardian with children under the age of 20 who experience social, emotional, behavioral, mental health or developmental challenges. Family peer support assists families in navigating wrap around service systems. Services include an emotional connection that shows living proof of resilience and awareness.

- ◆ Information and referrals
- ◆ Individualized support to help parents understand their children's needs
- ◆ Meeting groups to build natural supports and to bring families together

Psychosocial Rehabilitation (PSR) - Skill Building

PSR service provides support to youth under the age of 20 in learning communication skills, social skills, independent living skills and/or self-care skills.

Youth Peer Support

YPS service empowers youth ages 14 to 20 to navigate successfully into adulthood. Individual sessions & groups are offered in various locations in Wayne County, NY. We express ourselves through interactive games, art/creative writing, and more!

NYS CHILDREN'S MEDICAID Home and Community Based Services

Caregiver/Family Advocacy Support Services

Caregivers and families can get training and education to make informed and empowered choices for children with developmental, medical, mental health, and/or substance use needs.

In addition, maintain and strengthen children and youth's independence in the community.

Planned Respite

Services are delivered at home or in the Community. These services provide short term relief for families/caregivers and support the child's mental health, substance use and/or health care goals.

Pre-vocational Services

This service is structured around teaching concepts such as compliance, attendance, task completion, and problem solving. It assists with facilitating appropriate work habits, acceptable job behaviors, and learning job production requirements. This service is available to youth ages 14 to 20.

Wayne Behavioral Health Network

Respite

Provides voluntary short-term out-of-home care for Youth, ages 8-18 years old who experience emotional, mental, and behavioral challenges that may be at risk of out-of-home placement. Respite is used to preserve, strengthen, stabilize, and support individuals and their family.

***This requires a referral form.**