

# ADULT EMPOWERMENT PEER SUPPORT SERVICES

Community Oriented  
Recovery & Empowerment



**Administrator: Lori Lancaster**

**Director: Emmalea Burnell**

**159 Montezuma St.**

**Lyons, NY 14489**

**Phone: 315-333-4155**

**Fax: 315-665-0137**

## Adult Empowerment Peer Support Services

Adult Peer Support encompasses a range of activities and interactions between peer who have shared similar experiences of being diagnosed with substance abuse/mental health conditions.

Peer Support Specialists are dedicated to delivering a service with acceptance, understanding and validation. Peer Support Specialists compliment behavioral and mental health professionals. Support is demonstrated on a one-to-one basis which includes:

- ◆ Emotional
- ◆ Informational (referrals, community resources)
- ◆ Instrumental (link to housing and employment)
- ◆ Affiliation Support (community, family, workplace, activities etc....)



## What do Peer Specialist do?

- ◆ Peer Specialist, helps people develop their own goals, create strategies for self-empowerment.
- ◆ Assist people in their recovery.
- ◆ Offer individualized support
- ◆ Demonstrate that recovery is possible
- ◆ Peer Specialist are NOT counselors, Therapist, and Licensed Practitioners.



## How can I get started?

- ◆ Self refer, Managed Care Organization, Health Home Care Manager, Inpatient and out patient clinicians, Primary care provider, family and friends or provider outreach and education efforts
- ◆ Must be HARP eligible (*Health and Recovery Plan*)
- ◆ Must have a mental health diagnosis and/or substance abuse
- ◆ Must have Medicaid health insurance

**Finger Lakes Community Action**

A division of Wayne County Action Program, Inc.

Helping people...Changing lives.

fingerlakescommunityaction.org  
51 Broad St., Lyons NY 14489  
Phone: 315-333-4155 Fax: 315-871-4017  
info@waynecap.org



## Who do I contact?

### Referral Attention:

Emmalea Burnell

Emmalea.burnell@waynecap.org

### Providers:

Jessie Gile

ACE Behavioral Health Manager

Office: 315-333-4155 ext. 3308

Cell: 315-573-8167

jessie.gile@waynecap.org

Hours: Monday-Friday 7am-3pm

Aubrie Briggs

Adult Peer Support Provider

Office: 315-333-4155 ext. 3312

Cell: 315-521-5060

aubrie.briggs@waynecap.org

Hours: Monday-Friday 7am-3pm

Kevin Meehan

Adult Peer Support Provider

Office: 315-333-4155 ext. 3307

Cell: 315-359-1844

kevin.meehan@waynecap.org

Hours: Monday-Friday 8am-4pm

## Where is the service provided

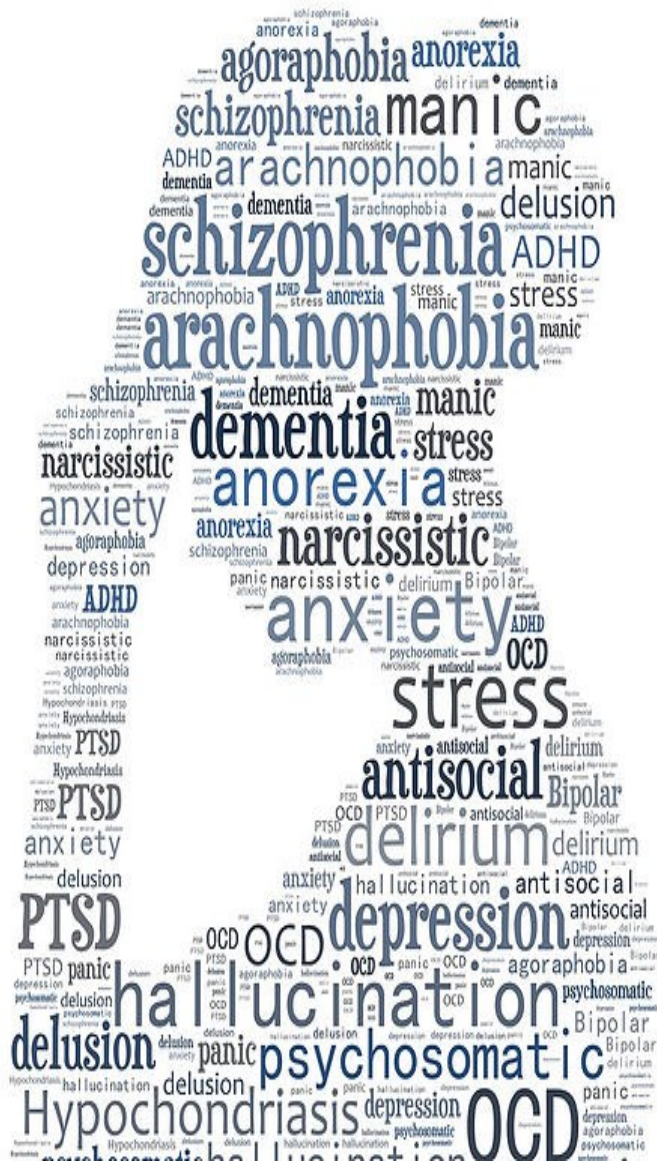
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## how long is the service?

- ◆ Setting: Offsite community locations, ie: Success Center, Second Chances, home
- ◆ \*A location where one can have an open dialogue
- ◆ 1:1 Services
- ◆ Weekly sessions \*may vary
- ◆ Sessions can last up to 4 hours
- ◆ Minimum of 6 months

## How much does it cost?

- ◆ Free to individuals who receive Medicaid health insurance.



Here to help