THIS JUST INDIRECT

Volume 24 / March Issue



TRAININGS & ASSESMENTS

It's that time of year! We need to complete our mandatory Harassment Training.

An email will be sent shortly with more information, but it will again be through our ThinkHR portal.

Your username is your agency email.

This training must be completed by Thursday, March 31st.

ALSO

Our community needs assessment will be coming in the next few months, along with Employee surveys. More information to follow next month!

WE MISS YOU!

It's been way too long since we've been able to get together like we should! EMPLOYEE APPRECIATION DAY is expected to make a return this year – live and in-person! We can't wait to see everyone again, we just can't wait one more year!

As a reminder: Catch-A-CoWorker is still in effect, and all those nominations are in the running for 2022 Employee of the Year! Please email <u>Rosanna.roberson@waynecap.org</u> with your submission and the board will vote on them at the May Meeting.

"Keep your face always toward the sunshine, and the shadows will fall behind you." -Walt Whitman



MARCH FUNDRAISING

"One Dime at a Time" Fundraising Bottles will be placed at each center and the site who can fill up bottles with the most dimes will be crowned the winner!! (Please see attached letter for more information.)

If your site wins, participating employees will win a Dunkin' Donuts Gift card. That's right, <u>everyone</u> at that center will get a DUNKIN DONUTS GIFT CARD. (All good moods are sponsored by coffee, right?! (5))

PETER'S POINTS

One of the benefits we offer for our employees is free and confidential counseling to our employees. The person who provides that service is named Peter. He sent over some tips to help relationships during this hard time. We want to remind you there IS an end in sight to this pandemic! As one of our benefits, WayneCAP offers free and

confidential counseling for employees and their families. Please call 585-506-5187 or email <u>ppontiu1@rochester.rr.com</u> to make an appointment.

This month's tip? "Mind your Manners and Practice 'Common Courtesy'

"'Please', 'thank you', and 'you're welcome' go a long way in helping your partner remember that you respect, love, and appreciate them and what they do. And common courtesy includes realizing that everything you do will have some impact on your partner, so be kind. Sometimes we need to intentionally do kind things, even if they don't come natural to us. The longer you are with someone, the more important that becomes."

SPOTLIGHT EMPLOYEE:



DEBBY TRICKEY

Program Manager Retired and Senior Volunteer Program

About Debby:

"Hi! Here is a little bit about me. I am a mom of three girls, Nana to 9 grandchildren and Great grandma to 5. I am a widow. My husband, Clay was a Foster Grandparent.

I recently completed my fourth year as an AmeriCorps member. I am the third member of my family to serve. Both my youngest daughter and my husband served in East TN. My family believes in service to the community.

I am an online college freshman and also getting my certification in gerontology through Lifespan. I love learning new things and sharing what I have learned with others.

I love cooking, crafts, decorating for holidays and organizing spaces.

I am grateful for my new position as RSVP Manager. I have learned so much serving the senior citizens in our area and hope to be a positive influence in the future."

SPOTLIGHT PROGRAM:

RSVP (Retired and Senior Volunteer Program)

We utilize the talents and skills of senior citizen volunteers 55+ to serve seniors in Wayne, Ontario, and Seneca Counties. We provide various services including free tax preparation, Bone Builders exercise classes and free medical transportation. We also provide a variety of evidence-based wellness classes such as Matter of Balance, a class that provides exercise and education to help prevent falls, Powerful Tools for Caregivers, which teaches skills to help those who care for others help themselves, too, and Prevent T2, a yearlong class to help those at risk for Type 2 diabetes.

February

Estelle Hall – FGP Volunteer Michelle Ward – Head Start Ethan Frey – AmeriCorps Paul Lee – Community Schools Jazmine Johnson – Community Schools Michelle Graves – OASAS Sara McCloskey – Head Start Nicholas Fabino - AmeriCorps